



Meet Your Nutritious Friend:
Arctic Artichoke

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 Italian Hoagie FEATURED VEGGIES Veggie Patch	2 Uncrustable Kit FEATURED VEGGIES Veggie Patch	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Milk 1% white
5 Bagel Kit FEATURED VEGGIES Veggie Patch	6 Ham & Cheese Hoagie FEATURED VEGGIES Veggie Patch	7 Uncrustable Kit FEATURED VEGGIES Veggie Patch	8 BBQ Chicken, Bacon & Ranch Wrap FEATURED VEGGIES Veggie Patch	9 Turkey & Cheese Hoagie FEATURED VEGGIES Veggie Patch	
12 Uncrustable Kit FEATURED VEGGIES Veggie Patch	13 Buffalo Chicken Salad FEATURED VEGGIES Veggie Patch	14 Turkey & Cheese Wrap FEATURED VEGGIES Veggie Patch	15 Bagel Kit FEATURED VEGGIES Veggie Patch	16 Bologna & Cheese FEATURED VEGGIES Veggie Patch	
19 Bagel Kit FEATURED VEGGIES Veggie Patch	20 BBQ Chicken, Bacon & Ranch Wrap FEATURED VEGGIES Veggie Patch	21 Bologna and Cheese FEATURED VEGGIES Veggie Patch	22 Uncrustable Kit FEATURED VEGGIES Veggie Patch	23 Crispy Chicken Salad FEATURED VEGGIES Veggie Patch	
26  MEMORIAL DAY REMEMBERING & HONORING ALL WHO SERVED ★ ★ ★ ★ ★	27 Bagel Kit FEATURED VEGGIES Veggie Patch	28 Italian Hoagie FEATURED VEGGIES Veggie Patch	29 Uncrustable Kit FEATURED VEGGIES Veggie Patch	30 Chicken Caesar Salad FEATURED VEGGIES Veggie Patch	
Your Team Katie Mowry, Food Service Director 856.456.7000 ext. 4044 GLC@metzcorp.com			Meal Prices Student Lunch Reduced Lunch		 